



Case studies in therapeutic nutrition (Series in continuing education for nurses)

Barbara Luke

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This book is unique in its thoroughly pragmatic approach to diet planning and nutrition. Within the overall organization of major nutrient groups, correlated by specific pathological conditions, the book presents cases illustrating the criteria for prescribing particular dietary regimens. In the examples the author's careful and thorough analyses of the pathophysiological processes at work explain the biochemical, medical and pharmacological rationales for specific programs of treatment. A general discussion of the physiology of the organs involved as well as an annotated listing of the commonly prescribed medications follows the case studies. This book will help the reader's ability to calculate diets, for commonly occurring illnesses as well as for those inevitable situations not previously encountered. Both the whys and the hows of diet therapy have been clearly explained. This book ensures good, well rounded care, because it emphasizes the nurse's central role in nutritional therapy.

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