



# Stalked!: From Victim to Victory, a Journey to Self

*Anita Levine, Sandi Musk*

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*Take your life in your own hands,  
Hold your head up high,  
You can and you will heal  
From anything.*

This is the message Sandi Musk preaches to victims of domestic abuse. A victim herself, Sandi miraculously survived a six-hour struggle for her life when her stalker attacked her in her home, beating and punching her, then viciously biting off her ear. After attempting to drown her, he dragged her to her car, intending to drive her to a remote area and kill her. While slipping in and out of unconsciousness, with her son providing the inspiration to live, Sandi managed to escape, dragging herself to a neighbor's house for help.

Scarred physically and emotionally, Sandi found a special inspiration in sculpting, an art to which she says she was guided -- perhaps by God -- to create a symbol she felt could help other victims like herself. She soon became determined to spend her life helping others. She decided to do this by founding SELF (Self-Empowerment, Life Fulfillment), a non-profit organization dedicated to helping victims of stalking and domestic abuse. She has spoken to community groups about her work and has also counseled individual victims who need help. Her story, *Stalked!* has been written to help people better understand the need to help these victims.

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