



# **Make-Ahead Mix Day: Complete Recipes and Instructions for On-Hand Homemade Quick Mixes**

*Mary Ellen Ward*

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Ready to eat better? Ready to recognize your food again? Like to know exactly what you're putting into your body, and the bodies of your loved ones? How about adding some convenience and affordability to your life in the bargain?

Make Ahead Mix Day is an outline of all you need to prepare a pantry full of baking mixes and convenient instant oatmeal mixes to have on hand regularly and reliably, laid out in an easy-read, easy-to-use format. This quick reference was designed to help you speed through the task of stocking your pantry with wholesome fare; fare in which you maintain total control over the type and quality of the ingredients that you use, and which minimizes your family's exposure to unnecessary chemicals and preservatives. Examples of mix recipes include a variety of cookie mix recipes, brownies, cake mix, muffin mix recipes, as well as a homemade Bisquick(R) all purpose baking mix and three flavor varieties of homemade instant oatmeal mix.

The recipes in this book have been specifically modified to fit into one- and two-quart canning jars or mason jars, with attention paid to ease and efficiency in preparation. The intention of this book is to help mothers and others provide wholesome fare in a busy world while also maximizing affordability and minimizing your grocery budget.

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The book untitled Make-Ahead Mix Day: Complete Recipes and Instructions for On-Hand Homemade Quick Mixes contain a lot of information on the item. The writer explains the woman idea with easy approach. The language is very clear to see all the people, so do certainly not worry, you can easy to read it. The book was written by famous author. The author gives you in the new period of literary works. It is easy to read this book because you can keep reading your smart phone, or gadget, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site in addition to order it. Have a nice go through.

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