



# **Free to Be Me: A Journey through Fear to Freedom by Robison, Betty (2003) Paperback**

*Betty Robison*

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*Betty Robison*

**Free to Be Me: A Journey through Fear to Freedom by Robison, Betty (2003) Paperback** Betty Robison  
Publication Date: 2003 Do you feel "ordinary"? Think you have to "be good" and "do good" for God to love you? Are you afraid to fail or "rock the boat" in relationships? If so, you're not alone. Betty Robison spent years paralyzed by fear and self-doubt, believing nothing she did was ever enough . . . that she could never measure up. Free to Be Me is her story--of how a shy girl from Texas found freedom in God's love and acceptance of us just as we are right now, and help in breaking free of destructive patterns, past behaviors, and negative thoughts.

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