



The Gestalt Therapy Book: A Holistic Guide to the Theory, Principles and Techniques of Gestalt Therapy Developed by Frederick S. Perls and Others

Joel Latner

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A comprehensive and readable introduction to the fundamentals of Gestalt therapy. Often used as an introduction to Gestalt therapy in academic settings, this is a good place for professionals and lay persons alike to begin to understand the Gestalt approach.

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