



The Wiley-Blackwell Handbook of Group Psychotherapy (Wiley Clinical Psychology Handbooks)

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A user-friendly guide of best practice for leading groups in various settings and with different populations, which incorporates the latest developments in today's mental health marketplace.

- Features multiple theoretical perspectives and guidelines for running groups for diverse populations, in the US and worldwide
- Offers modern approaches and practical suggestions in a user-friendly and jargon-free style, with many clinical examples
- Includes a major component on resiliency and trauma relief work, and explores its impact on clinicians
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