



Experiential Activities for Teaching Multicultural Competence in Counseling

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This practical resource is intended for faculty teaching beginning and advanced multicultural counseling courses or other core classes who want to infuse issues of cultural diversity into the classroom. It contains 121 engaging and thought-provoking activities on a wide variety of multicultural topics such as defining diversity; barriers to effective cross-cultural counseling; cultural communication styles; identity development; oppression and discrimination; becoming a culturally skilled counselor; family counseling; and counseling specific cultural groups-which includes consideration of race, sexual orientation, age, ability, spirituality, and socioeconomic status. All activities are tied to the core content areas of the 2009 CACREP Standards, making this a perfect tool for the clinical training of counseling students. A CD-ROM with exercise handouts accompanies the spiral bound book for ease of copying and distribution in the classroom.

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