



**Finding Life Beyond Trauma: Using Acceptance  
and Commitment Therapy to Heal from Post-  
Traumatic Stress and Trauma-Related Problems**  
**[FINDING LIFE BEYOND TRAUMA]**  
**[Paperback]**

*Victoria M. (Author) ; Pistorello, Jacqueline (Author); Hayes, Steven C. (Foreword by) Follette*

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