



# The Center Cannot Hold: My Journey Through Madness

*Elyn R. Saks*

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## **The Center Cannot Hold: My Journey Through Madness** Elyn R. Saks

Elyn Saks is a success by any measure: she's an endowed professor at the prestigious University of Southern California Gould School of Law. She has managed to achieve this in spite of being diagnosed as schizophrenic and given a "grave" prognosis--and suffering the effects of her illness throughout her life. Saks was only eight, and living an otherwise idyllic childhood in sunny 1960s Miami, when her first symptoms appeared in the form of obsessions and night terrors. But it was not until she reached Oxford University as a Marshall Scholar that her first full-blown episode, complete with voices in her head and terrifying suicidal fantasies, forced her into a psychiatric hospital. Saks would later attend Yale Law School where one night, during her first term, she had a breakdown that left her singing on the roof of the law school library at midnight. She was taken to the emergency room, force-fed antipsychotic medication, and tied hand-and-foot to the cold metal of a hospital bed. She spent the next five months in a psychiatric ward. So began Saks's long war with her own internal demons and the equally powerful forces of stigma. Today she is a chaired professor of law who researches and writes about the rights of the mentally ill. She is married to a wonderful man. In *The Center Cannot Hold*, Elyn Saks discusses frankly and movingly the paranoia, the inability to tell imaginary fears from real ones, and the voices in her head insisting she do terrible things, as well as the many obstacles she overcame to become the woman she is today. It is destined to become a classic in the genre.

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Why? Because this The Center Cannot Hold: My Journey Through Madness is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will distress you with the secret that inside. Reading this book alongside it was fantastic author who also write the book in such wonderful way makes the content on the inside easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you because of not hesitating having this any more or you going to regret it. This amazing book will give you a lot of benefits than the other book get such as help improving your talent and your critical thinking approach. So , still want to hold off having that book? If I ended up you I will go to the guide store hurriedly.

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