



# Defining Moments: Insights Into This Soul-Filled Sistah And How I Redefined Myself

*Carmen M. Colon*

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Go figure. Not even getting beat down by the crap that life throws at you motivated me to put pen to paper. It took my hanging out with a 'sistah'. Let me be more specific - getting trashed with my sistah - that I knew I had to write it down! A Self Exorcism if you will! And all over - ugh, LOVE! My definition of "sista" is Smart -Innovative - Selfless-Tolerant -Assertive & Kick-ass! (So, it doesn't spell it right -- you know what I mean!) This book is special to me and my dreams, so \$1 for each book sold will be donated to each of the following non-profit organizations that I am working with: The Youth Music Exchange (<http://youthmusicexchange.org>), Just Tell Foundation (<http://justtell.org>), The Comicbook Project (<http://comicbookproject.org>), Independent Commission On Public Education (<http://icope.org>), and the Center for Educational Pathways (<http://edpath.org>)

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