



Cracking the Love Code

Janet O'Neal

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Learn how to crack the love code and enjoy an honest, open, and fulfilling relationship with the right partner.

Following outdated "rules" or listening to relationship gurus who encourage flirting, tantalizing, and deceiving a partner won't help you find and keep real love. So who can you turn to for the answers? Janet O'Neal--"The Love Coach"--has helped thousands of people find that special someone, and in *Cracking the Love Code*, she provides a step-by-step plan for creating a mutually satisfying, committed relationship. Her realistic, up-to-date approach, comprising straightforward advice and eye-opening information, will benefit everyone, whether you want to walk down the aisle or simply stroll on a moonlit beach.

O'Neal knows there are no shortcuts on the road to a successful relationship. To get there can be fun and exhilarating, as well as difficult and confusing. To help you on the journey, she offers the "Six Cs," six principles that should be the foundation of a trusting, healthy relationship. And because love is not a one-way street, O'Neal discusses not only how to find the best partner but how to be a good partner, beginning with:

CONCEIVING: What do you want from a partner? What do you have to offer? Setting short- and long-term goals for a relationship, whether or not you're already involved.

CONTENTMENT: The top seven needs of men and women; how to have yours satisfied; how to meet your partner's.

CONNECTING: Turn-ons and turn-offs on dates; spotting "critical flaws" in potential partners; practicing connection skills.

CHEMISTRY: The ten biggest sexual turn-ons and turn-offs for women and men; questions to address before physical intimacy; how to achieve and maintain a satisfying sex life.

CONVICTION: Knowing when and if a person is right for you and what to do if you're not sure. Plus: Take the compatibility test and see how you score!

COMMITMENT: Resolving commitment fears; are you prepared to commit? Take the questionnaire and find out.

Complete with numerous exercises and quizzes to help you make the right choices at every stage, *Cracking the Love Code* will enlighten anyone ready for real love--it's a hopeful yet practical guide to creating the relationship of your dreams.

From the Hardcover edition.

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Patricia French:

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