



# Metabolism and Nutrition (Crash Course - UK)

*Ming Yeong Lim, Amber Appleton*

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Part of the best-selling "Crash Course" series, this book focuses on the essential information students really need to know about metabolic processes and nutrition. Comprehensive yet concise, it is more than just an exam crammer. Each component is considered in an integrated format, putting the basic sciences in clinical context. Highly illustrated with clear accessible text, it uses features such as Hints and Tips and Clinical Sketches to make the content easy to absorb and remember. An extensive self-assessment section allows the reader to test their knowledge and identify areas needing further study. Written by students for students, under faculty supervision, this new edition has been revised and updated throughout to reflect current curricula and exam formats.

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