



# Help! I'm Laughing and I Can't Get Up: Fall-down Funny Stories to Fill Your Heart and Lift Your Spirits

*Liz Curtis Higgs*

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## **Help! I'm Laughing and I Can't Get Up: Fall-down Funny Stories to Fill Your Heart and Lift Your Spirits** Liz Curtis Higgs

Discover seven reasons why people laugh, plus seven body benefits of laughter. Reveals the four humor personalities...and which category you fit in. Helps readers realize that God gave us a funny bone...we just need to find out how to use it.

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