



# Ageless Quest: One Scientist's Search for the Genes That Prolong Youth

*Leonard Guarente*

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## **Ageless Quest: One Scientist's Search for the Genes That Prolong Youth** Leonard Guarente

Ageless Quest is a personal, sometimes controversial, account of the pursuit of a genetic 'cure' for aging by an expert in the field. The author is the Novartis Professor of Biology at the Massachusetts Institute of Technology. Aging has always been regarded as a highly complex process with many degenerative changes leading to the cessation of life. But recent research has identified a relatively simple mechanism that governs the pace of aging. Lenny Guarente's Ageless Quest is a scientific detective story for the baby boom generation. It offers an insider's view of an area of potentially astonishing high reward--and equally high risk.

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