



# The Science of the Perfect Swing

*Peter Dewhurst*

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## **The Science of the Perfect Swing** Peter Dewhurst

Advance praise from the technical golf community for *The Science of the Perfect Swing* is shown in the Editorial Review section below.

The major task in writing *The Science of the Perfect Swing* was the simplification of the engineering science so that it could be readily understood. The primary objective was to allow inquisitive golfers to gain a deeper understanding of all aspects of the sport from ball striking and ball flight through to the capture of the ball in the hole. Such knowledge provides a firm foundation for performance improvements. It also allows a greater appreciation of the performance of Tour professionals on which many of the case studies are based. Rich in illustrations, graphs, and charts, *The Science of the Perfect Swing* strikes a perfect balance between golf science and a descriptive form that will appeal to golf enthusiasts and general readers of sports science, as well as to the golf science community.

Some harder science is necessary for the work to have credibility in the science world, but this is corralled into smaller separated sections where it can be browsed or skipped without any loss of understanding of the fundamental principles of the game.

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