



The Bare Minimum: The Donatelli Shoulder Method: Assessment And Treatment

Robert Donatelli, Donn Dimond

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The Donatelli Shoulder Method is an evidence based book that describes the assessment and treatment techniques of Dr. Robert Donatelli. It includes mobility testing, strength tests, and special tests along with his mobilization techniques and exercises for treating shoulder pathophysiology. While it has been created as a companion guide to Dr. Donatelli's course: Donatelli's Pathophysiology and Mechanics of the Shoulder with Lab, some find it useful as an adjunct to their current practice model.

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