



# **Detrás De Mi Sonrisa: Es Tu Tiempo De Avanzar! (Avanzar Sin Limites - Breakthrough Without Limits nº 1) (Spanish Edition)**

*Rosa Toussaint Ortiz*

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¿Para quiénes es este libro?

- Para toda persona que desea éxito y victoria en la superación de retos personales, mentales y espirituales.
- Para poner fin a los obstáculos frustrantes que tratan de impedir una vida de calidad y la plenitud de su destino!
- Para usar en su iglesia, grupo de estudio Bíblico, grupo profesional de salud, seminarios de emprendedores o viajes misioneros. Es un recurso para evangelismo, discipulado y capacitación.

Detrás de mí Sonrisa no es un libro más, es esperanza con conocimiento e invitación a caminar juntos, avanzando para cambiar nuestro punto de vista sobre lo que llamamos enfermedades mentales. La mente es algo abstracto, filosófico y no lo podemos tocar pero el cerebro es un órgano, lo podemos ver, tocar y estudiar. Gracias a los avances en la tecnología, ahora se pueden hacer scanner e imágenes de resonancia magnética del cerebro. Esto es muy importante para los que han sido diagnosticados con una enfermedad mental cuando en realidad puede ser cerebral. Creo que Dios impidió mis intentos de suicidio para traerte este mensaje en el día de hoy. La palabra de Dios dice que conocerás la verdad y te hará libre. Al leer este libro conocerás parte de mi historia, mis luchas, y victorias. Lo más importante es que podrás ver como el Espíritu Santo de Dios me ha sostenido en mis momentos más difíciles, continuamente hace cosas maravillosas en mi vida y puede hacer lo mismo en su vida. Mi deseo es que te mantengas conectado conmigo en mi página web “Ministerios Sin Límites” y las redes sociales.

LA AUTORA: Rosa Toussaint-Ortiz, autora de *Detrás de Mi Sonrisa* obtuvo un B.A. en Salud Mental (Universidad Interamericana de P.R.) y clases de masteria en psicología (A&M University Huntsville AL). Rosa ha recibido certificados de AACC y en prevención de suicidio (Suicide PAIR) de Light University/AACC. Rosa estuvo en el ejército de los EE.UU. en el rango de teniente y sirvió como capellán del Alabama State Defense Force. Ella es la fundadora de Ortiz Consulting and Educational Services y es capellán de comunidad en Huntsville AL.

ENGLISH:

For whom is this book?

- “Detrás de mi Sonrisa” is a perfect gift for your Spanish speaking friends. Reach out and give the gift of breakthrough: Hispanic group, missions trip outreach tool, evangelism, discipleship and training.
- Resource for entrepreneurial seminars and health and wellness professionals.

The English version “Behind My Smile” is available so that you will also be able to use this tool in the same way. It is for anyone that desires success and victory in overcoming personal, mental and spiritual challenges and to bring to an end the frustrating obstacles that try to hinder a quality life and fullness of your destiny! This is not just another book, it is hope, with knowledge. It’s an invitation to walk together to change our views on what we call mental illness. I believe that my God prevented me from committing suicide for such a time like this and you will know part of my story and struggles due to "mental illness". The Bible says “the truth will set you free”. The most important thing is the Holy Spirit has stood by me in difficult times,

continues to do wonderful things in my life and I believe He will do this for you too. My God is behind my smile, providing me what I need in this process of healing. Detrás de Mi Sonrisa is a ministry of healing, the first of a book series and resource of “Without Limits Ministries”, because our God has no limits.

**ABOUT THE AUTHOR:** Rosa Toussaint-Ortiz, author of Detrás de Mi Sonrisa (Behind My Smile), has a B.A. in Mental Health (Universidad Interamericana, P.R.), studies psychology (A&M University in Huntsville, AL) and SUICIDE PREVENTION "PAIR" certification (Light University/AACC). Rosa served in the U.S. ARMY and chaplain for the Alabama State Defense Force. She is the founder of Ortiz Consulting and Educational Services and serves as immigrant community chaplain in Huntsvi

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#### **Robert Price:**

Spent a free time for you to be fun activity to do! A lot of people spent their down time with their family, or their own friends. Usually they carrying out activity like watching television, planning to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? May be reading a book may be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the publication untitled Detrás De Mi Sonrisa: Es Tu Tiempo De

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