



Letting the Upside In: Discovering the code that grants us access to the extraordinary treasures contained within our hearts

Lori Cash Richards

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Here, for the first time, the code that grants us access to the sanctuary of our own loving hearts gets revealed, and the limitless treasures waiting within get released. Lori Cash Richards shows us how these treasures, these soul-essence qualities, can be consciously and consistently cultivated, with tenderness and kindness, by gently returning again and again to love. She also reveals, through the lens of her own experience, that we don't have to be anything other than ourselves in order to awaken into the radiance of who and what we truly are--loving, creative, peaceful, joyful, beautiful and compassionate souls having a human experience.

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