



Key Concepts in Mental Health (SAGE Key Concepts series)

David Pilgrim

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Mental health is an area that new students and trainee practitioners often find bewildering. This book cuts through the stigma associated with this topic. It delivers bite-sized chunks of information that cover the central concepts and debates which shape contemporary views about mental health and illness. As this book shows, these key concepts not only influence our understanding of mental health, but also govern the provision of services for people with mental health problems.

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