

The Complete Idiot's Guide to Interpreting Your Dreams, 2ndEdition

Marci Pliskin, Shari L. Just



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The Complete Idiot's Guide to Interpreting Your Dreams, 2ndEdition Marci Pliskin, Shari L. Just Unleash the deep secrets of sleep...

This completely revised edition adds fascinating elements of New Age interpretation, including psychic dream ability, dreams as spirit communication, and lucid dreaming, to a comprehensive guide to dream interpretation.

- \in Completely revised and updated
- € Includes a new chapter on creating an environment conducive to sleep and dreaming
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€ New Age dream interpretation is a growing trend-this edition includes more information on New Age techniques

€ More than 440,000 websites are devoted to this topic

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